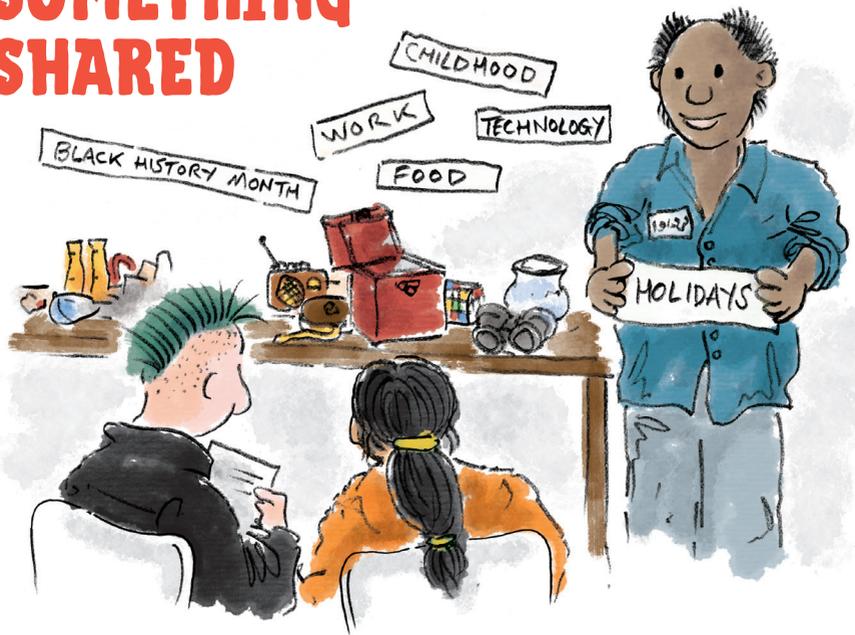


SOMETHING SHARED



RESOURCE LIST

Objects on the theme; you will need enough for one object per participant.



TIME TO SET UP AND DELIVER

Sourcing objects 1 hr
 Creating an example story 1 hr
 Room set up 1 hr
 Delivering the session 1-2 hrs



NO. OF PEOPLE IT'S SUITABLE FOR

Minimum - 6. Maximum - 20.
 (not ideal for larger groups)

HOW TO RUN THE SESSION

Pre-activity preparation:

You, as facilitator, will need to prepare a story about an object to share with the group. Gather a few objects that represent a certain theme (this can be decided by the group in previous sessions) and invite participants ahead of time to bring their own. See guidance on sourcing objects on p4-5.

Activity:

1. Start by telling the group a story about a couple of objects that you have collected.
2. Put the group in pairs or threes to discuss their chosen objects.
3. One participant from each pair can share with the whole group to see how objects help us to understand the theme.

Some ideas for themes:

Moments of joy; Childhood; Black History Month; Work; Rest and recreation; Special occasions or holidays; Food and cooking; Technology; Reading.

